

# Theoretical and Practical Constraints for Wi-Fi Capacity

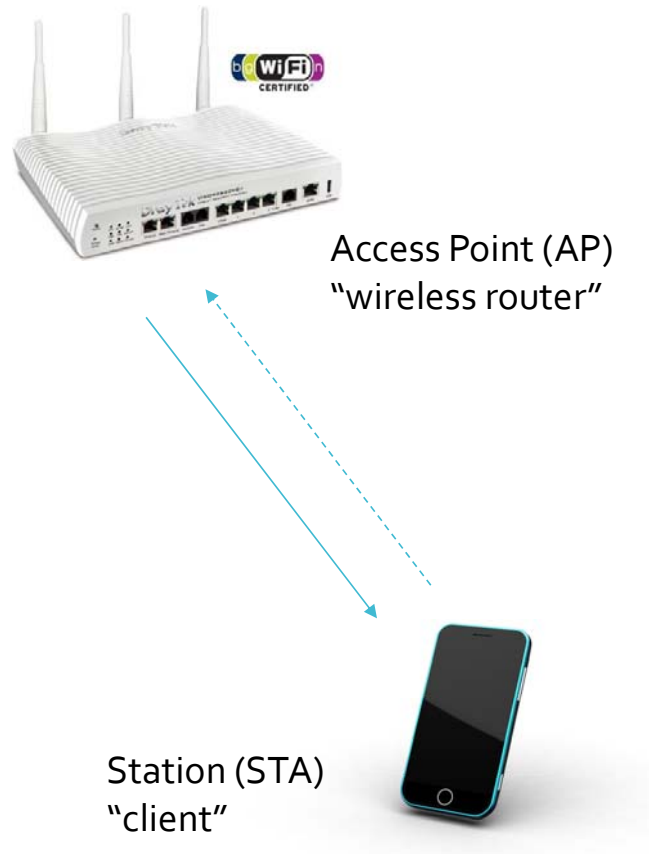
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# Outline

- What is Wi-Fi / IEEE 802.11?
  - What radio bands does it use?
  - How is it different from cellular / 3GPP / LTE / 5G?
- Fundamental limits for media access
  - Overhead in channel access
  - Congestion from overlapping service areas
- Fundamental limits for the physical layer
  - Channel capacity
  - Radio channels
- New Ideas in the latest standards

# What is Wi-Fi?



- Wi-Fi is a brand name for devices that have passed a certification test from the Wi-Fi Alliance
- Wi-Fi devices implement the IEEE (Institute of Electrical and Electronics Engineers) 802.11 protocol
  - the letters "a/b/g/n/ac" are amendments
- Wi-Fi devices transmit and receive IP (internet protocol) packets and control traffic

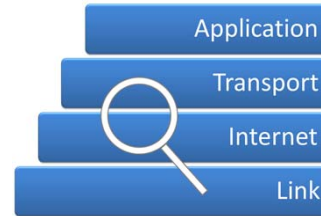
# What is Wi-Fi?

## Inside your phone and PC



Web browser or App

Data with "IP Address" or URL



Protocol stack running on computer or phone processor

Data with "MAC Address"

- Wi-Fi Driver also on processor
- Encrypt / De-crypt
  - Connection management
  - Buffering



coax

Radio waves to AP and onward to the internet

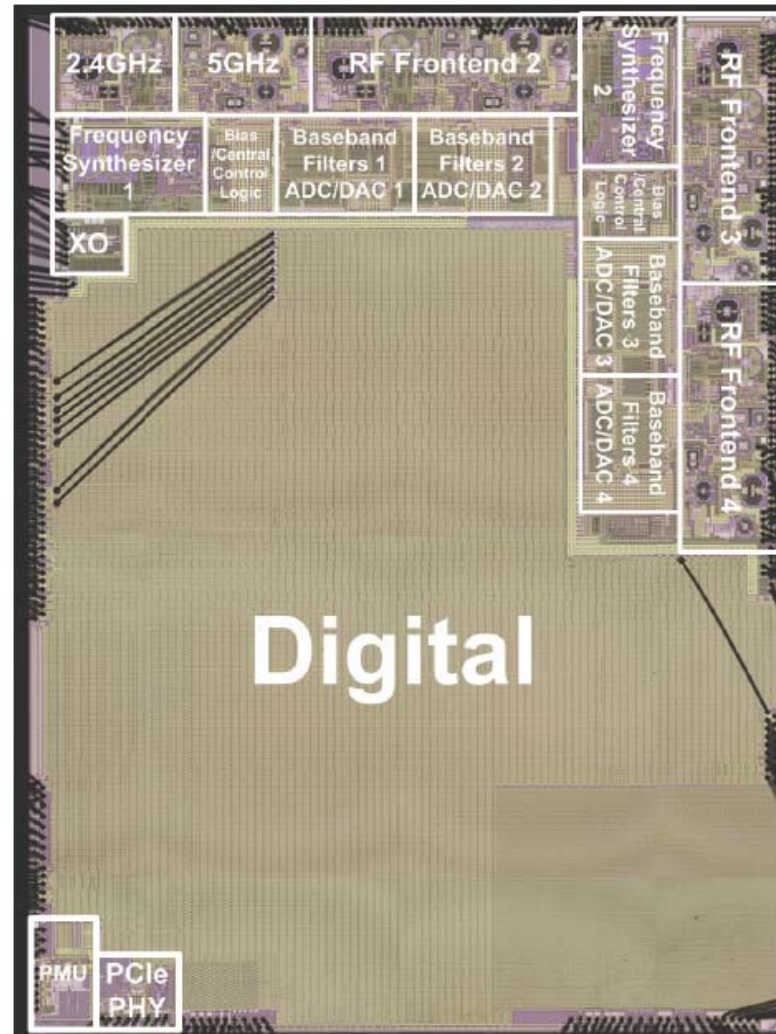
pcie

Wi-Fi Chipset

# What is Wi-Fi?

- Wi-Fi is wireless ethernet
  - Media Access Control (MAC) / Physical layer (PHY) for carrying packets over unlicensed radio bands
  - Time division duplexed (i.e. one station transmits at a time)
    - CSMA/CA (Carrier sense multiple access with collision avoidance)
    - Stations listen before transmitting and wait for the channel to be clear
    - Packets are acknowledged by the receiver
- No collision detection
- Stations do not receive while transmitting
- Unacknowledged packets are assumed to be lost and are re-transmitted

# What is Wi-Fi?



- Modern Wi-Fi interfaces can be implemented on a single integrated circuit
- Example Mediatek 4x4 802.11ac chip from ISSCC 2017 "An 802.11ac Dual-Band Reconfigurable Transceiver Supporting up to Four VHT80 Spatial Streams with 116fsrms-Jitter Frequency Synthesizer and Integrated LNA/PA Delivering 256QAM 19dBm per Stream Achieving 1.733Gb/s PHY Rate" by T. Chen et al

# Wi-Fi Radio Bands

- Wi-Fi uses unlicensed spectrum
  - 20, 40, 80 MHz channels are typical
- 2400-2483.5 MHz ISM band
  - Shared with Bluetooth, microwave ovens, etc.
- 5150-5350, 5490-5875 MHz UNII and ISM bands
  - Some sub-bands shared with radar systems
- 57-65 GHz mmwave band (802.11ad)
  - 2.16 GHz channels
- sub 1 GHz 802.11ah

# Wi-Fi versus Cellular

## Wi-Fi

- Unlicensed spectrum
- Primarily indoor
- Balanced costs model (both sides of link have the same design)
- Distributed protocols
  - All stations defer to each other

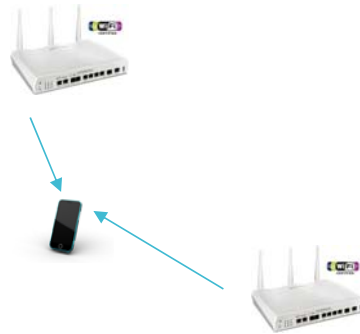
## Cellular

- Licensed spectrum
- Originally outdoor
- Asymmetric model – expensive basestation / inexpensive mobile device
- Centralized protocol
  - Base-station controls the medium



# Wi-Fi versus Cellular

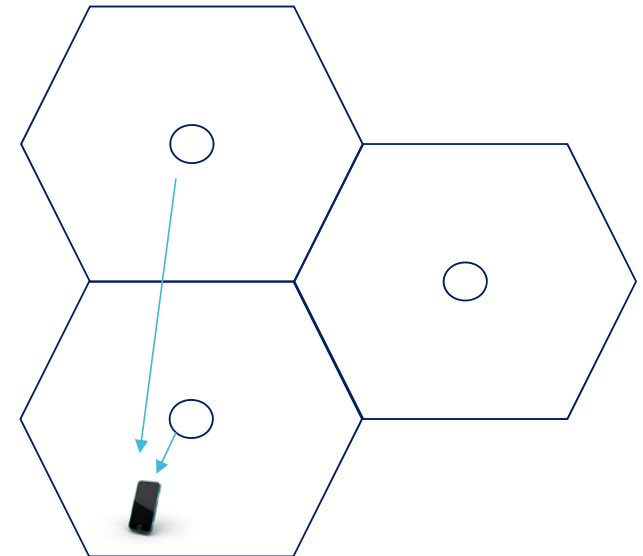
## Wi-Fi



Uncontrolled interference that is mitigated by protocol design

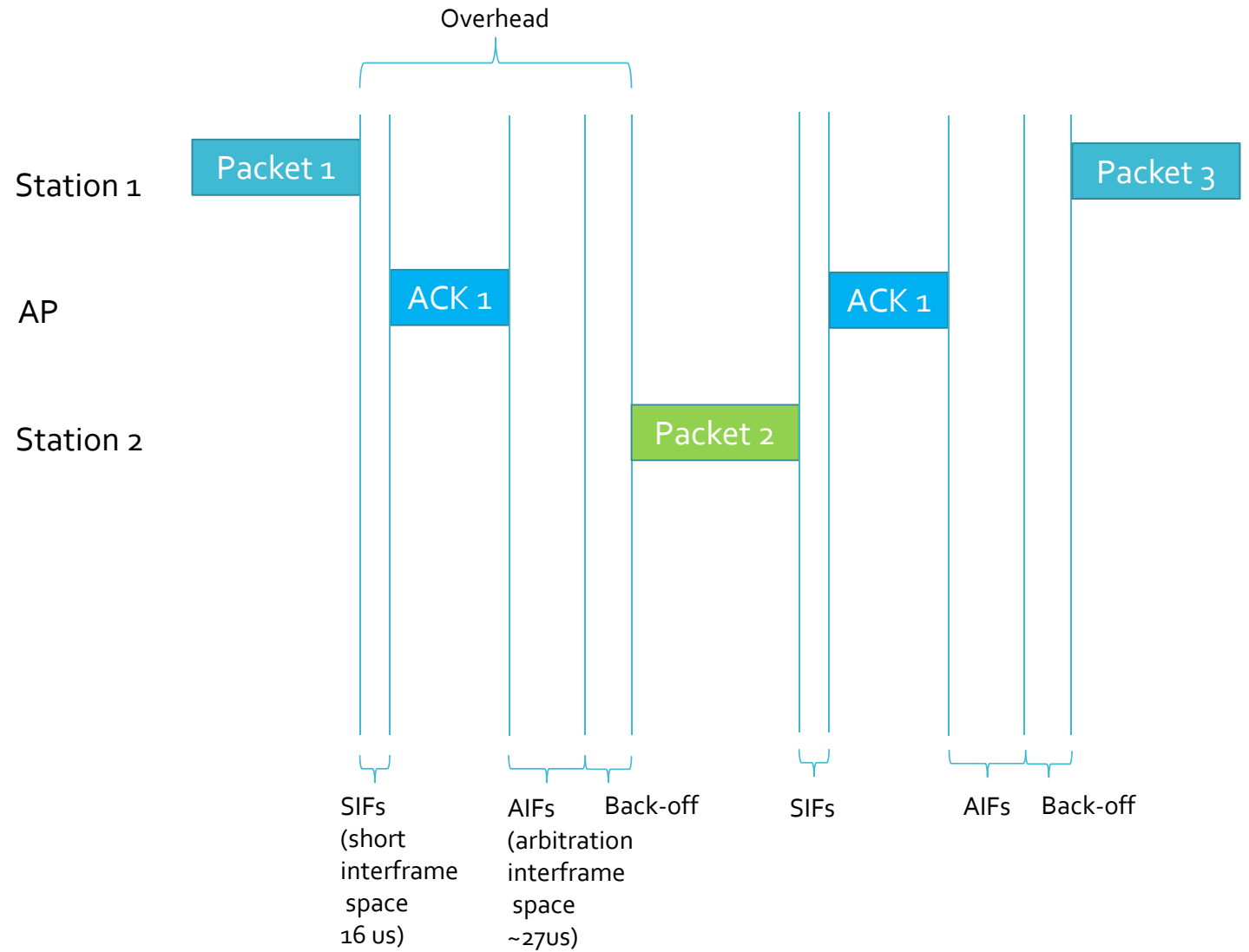
- Networks will naturally share the radio medium

## Cellular



Controlled interference by operator and system design

# Media Access Distributed Coordination Function (DCF)



# 802.11ac Packet Format

## 21.3.2 VHT PPDU format

A single PPDU format is defined for this PHY: the VHT PPDU format. Figure 21-4 shows the VHT PPDU format.

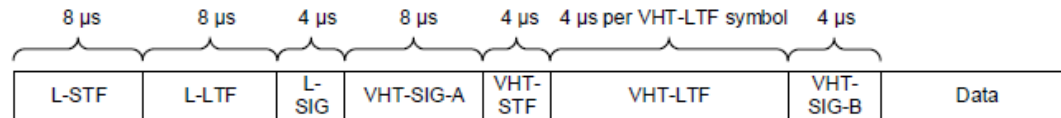
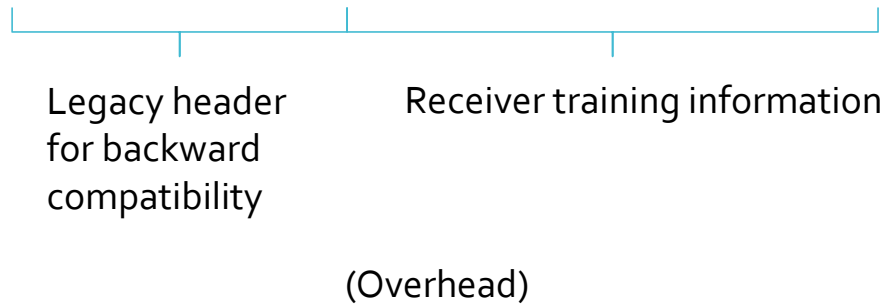


Figure 21-4—VHT PPDU format



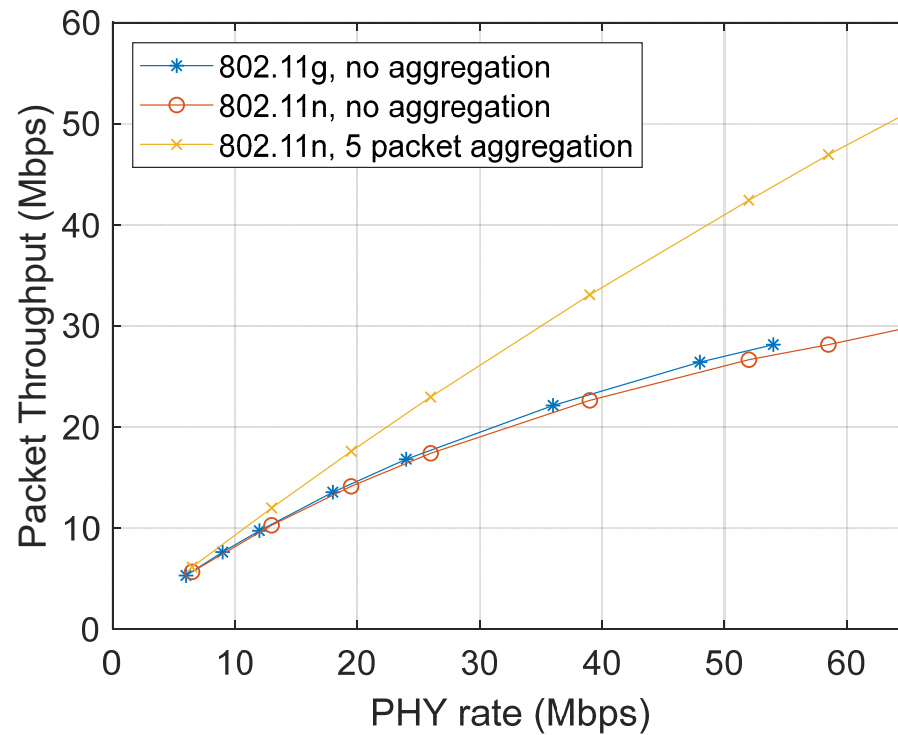
# Throughput

- Throughput is the measure of how fast useful data is carried from source to destination

$$\text{Throughput} = \frac{T_{data}}{\underbrace{T_{data} + T_{overhead}}_{\text{Efficiency}}} R_{PHY}$$

- Limited by the maximum PHY rate and by the overhead time
- Minimum average  $T_{overhead} = 194.5$  microseconds
- ***Efficient transmission requires packets longer than 1 millisecond***

# Throughput

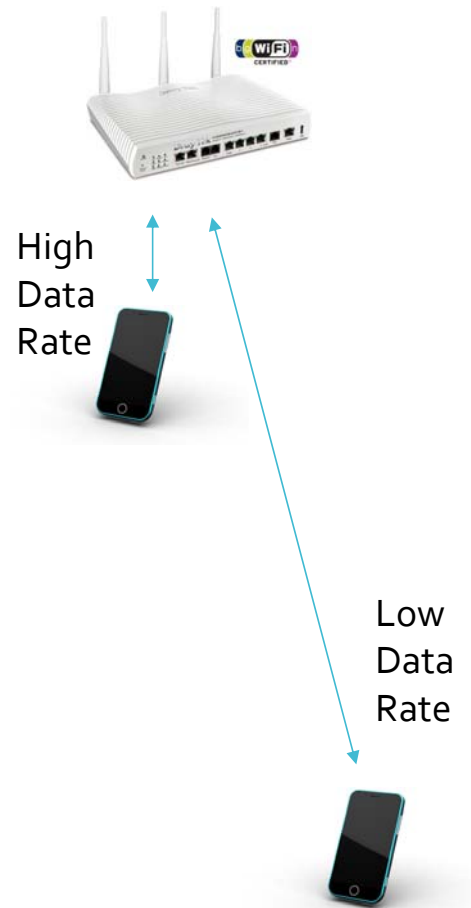


- 802.11n introduced aggregation to put packets together before transmission
- Aggregation increases latency – the time to get data from transmitter to receiver

## Limit #1 – 802.11 DCF Overhead

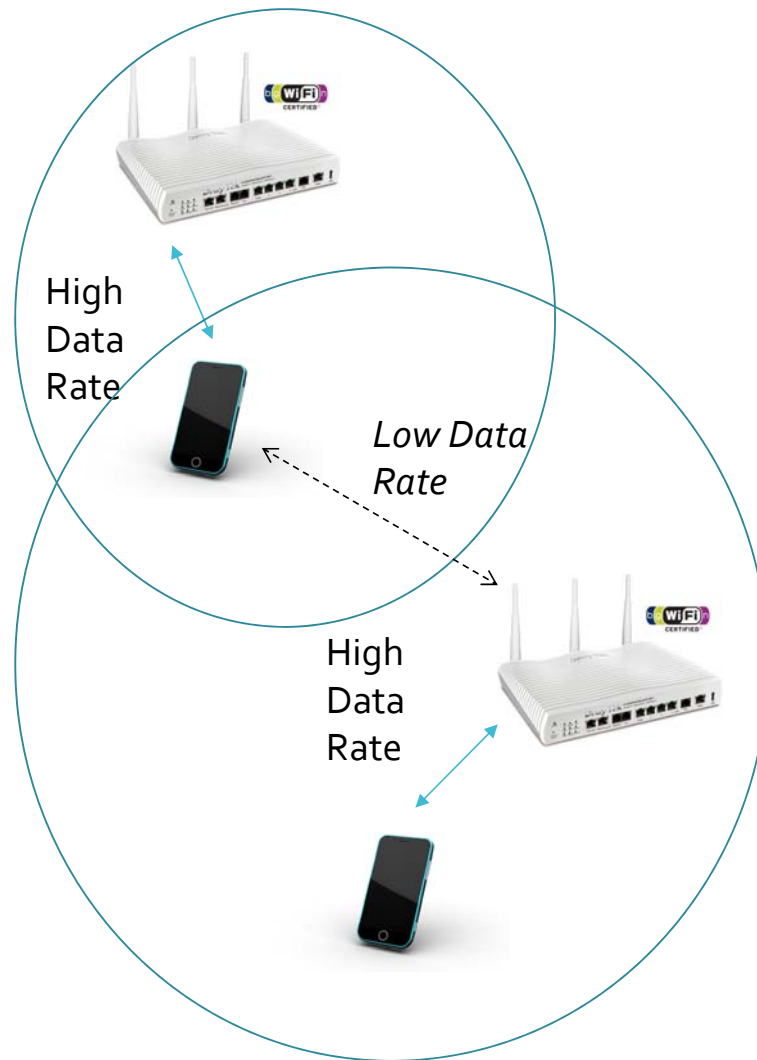
- *Fairness to legacy devices forces overhead timings to remain fixed*
- *Higher data rates will increase throughput only for long sequences of aggregated packets*
- *Only way around this is new spectrum*
  - 60 GHz – WiGig / 802.11ad
  - Shorter overhead times

# Near – Far Problem



- The Near-Far problem affects all wireless systems
- Longer distances reduce signal power at the receiver, which reduces the data rate
- Low data rates are often used for management (broadcast) traffic because the AP does not know how far away the client devices will be
  - 1 Mbps beacons versus 144 Mbps data

# Overlapping BSS (Basic Service Set) Problem



- Overlapping AP coverage on the same channel can be common
- 802.11 DCF protocol has graceful degradation
- Low data rate management traffic wastes bandwidth
- Dense environments become congested



## Limit #2 – Dense Environments

- The dense environment problem is similar to the problem of maintaining conversations at a loud cocktail party
  - 802.11 DCF is akin to letting only one person speak at a time, which works for a small group
- **802.11ax offers several protocol improvements to help**
  - OBSS Detection – Determine when there is dense overlap
  - BSS Color – Partially overlapping regions can limit their sensitivity to neighboring transmissions
    - Similar to forming sub-groups and tuning out the group next to you
- **802.11ax won't help much until people upgrade their phones (!)**

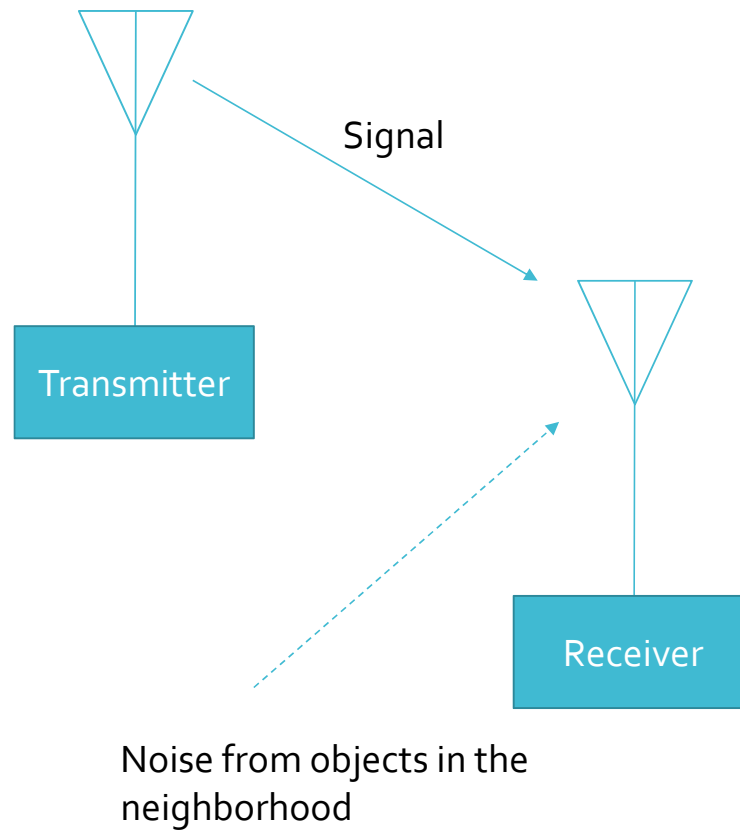
# Fundamental Limits for the Physical Layer

- *Channel Capacity (bits per second) – The “speed of light” for communications*

$$C = W \log_2 \left( 1 + \frac{S}{N} \right)$$

- W is bandwidth in Hz
- S is signal power – set by the amount of radio signal picked up by the receive antenna
- N is the noise power – set by the noise from environment and receiver electronics

# Channel Capacity



- Signal power from transmitter (Friis Equation)

$$S = \frac{P_t G_t G_r \lambda^2}{(4\pi R)^2}$$

- Noise power from everywhere (thermal)

$$N = kTB$$

- ***Approaching capacity means increasing data rate at a given range***
- ***To approach capacity we need to know  $S$  and  $N$  to select the proper signaling***

# 802.11 PHY Header

## 21.3.2 VHT PPDU format

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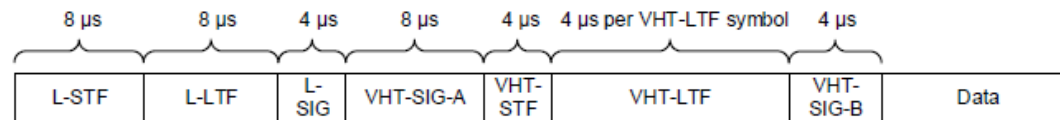


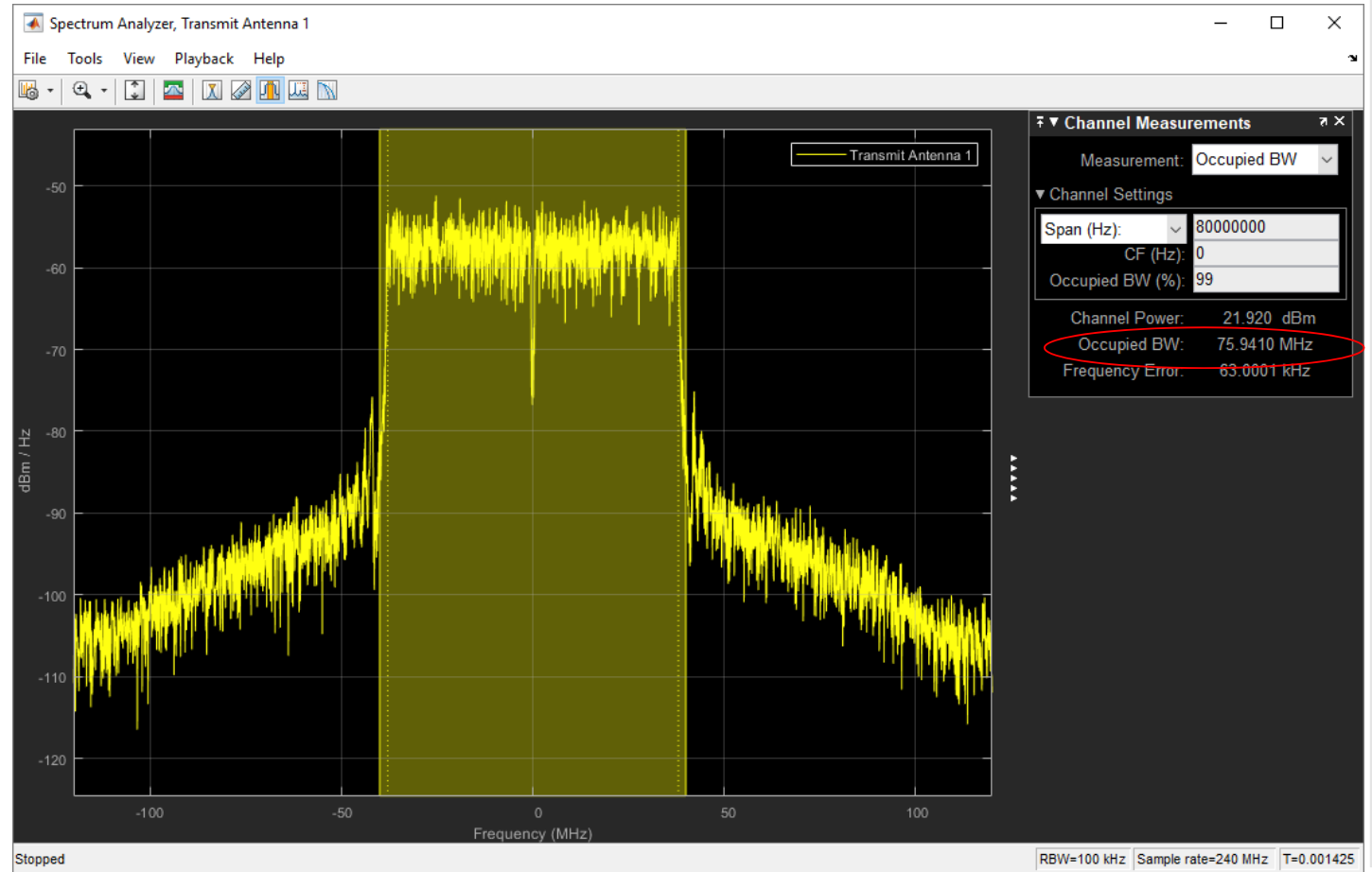
Figure 21-4—VHT PPDU format

- To approach channel capacity, the receiver needs to know the radio channel
  - Frequency response, signal level, and noise level
- Transmitter need to tell the receiver how the data will be modulated
- All information appears at the start of a Wi-Fi packet

# 802.11 Modulation

- IEEE 802.11a/g/n/ac/ax employ Orthogonal Frequency Division Multiplexing (OFDM)
  - Data is encoded with either a binary convolution code (BCC) or a low density parity check (LDPC) code
  - Coded data is interleaved into bins
  - Binned data is modulated with BPSK, QPSK, or QAM
  - An FFT (Fast Fourier Transform) is applied to the bins to generate a time domain waveform
  - A cyclic prefix is applied to mitigate against inter-symbol interference
  - The entire signal is modulated onto a microwave carrier, filtered, and amplified

# Example 802.11ac 80 MHz Signal



# Actual Device Sensitivity (Lowest operating signal level)

## 802.11a

-93 dBm @ 6 Mb/s  
-75 dBm @ 54 Mb/s

## 802.11n (HT20)

-92 dBm @ MCS0  
-71 dBm @ MCS7  
-89 dBm @ MCS8  
-70 dBm @ MCS15  
-87 dBm @ MCS16  
-70 dBm @ MCS23

## 802.11n (HT40)

-89 dBm @ MCS0  
-69 dBm @ MCS7  
-85 dBm @ MCS8  
-66 dBm @ MCS15  
-88 dBm @ MCS16  
-65 dBm @ MCS23

## 802.11ac (VHT20)

-91 dBm @ Nss=1, MCS0  
-67 dBm @ Nss=1, MCS8  
-88 dBm @ Nss=2, MCS0  
-64 dBm @ Nss=2, MCS8  
-87 dBm @ Nss=3, MCS0  
-63 dBm @ Nss=3, MCS8

## 802.11ac (VHT40)

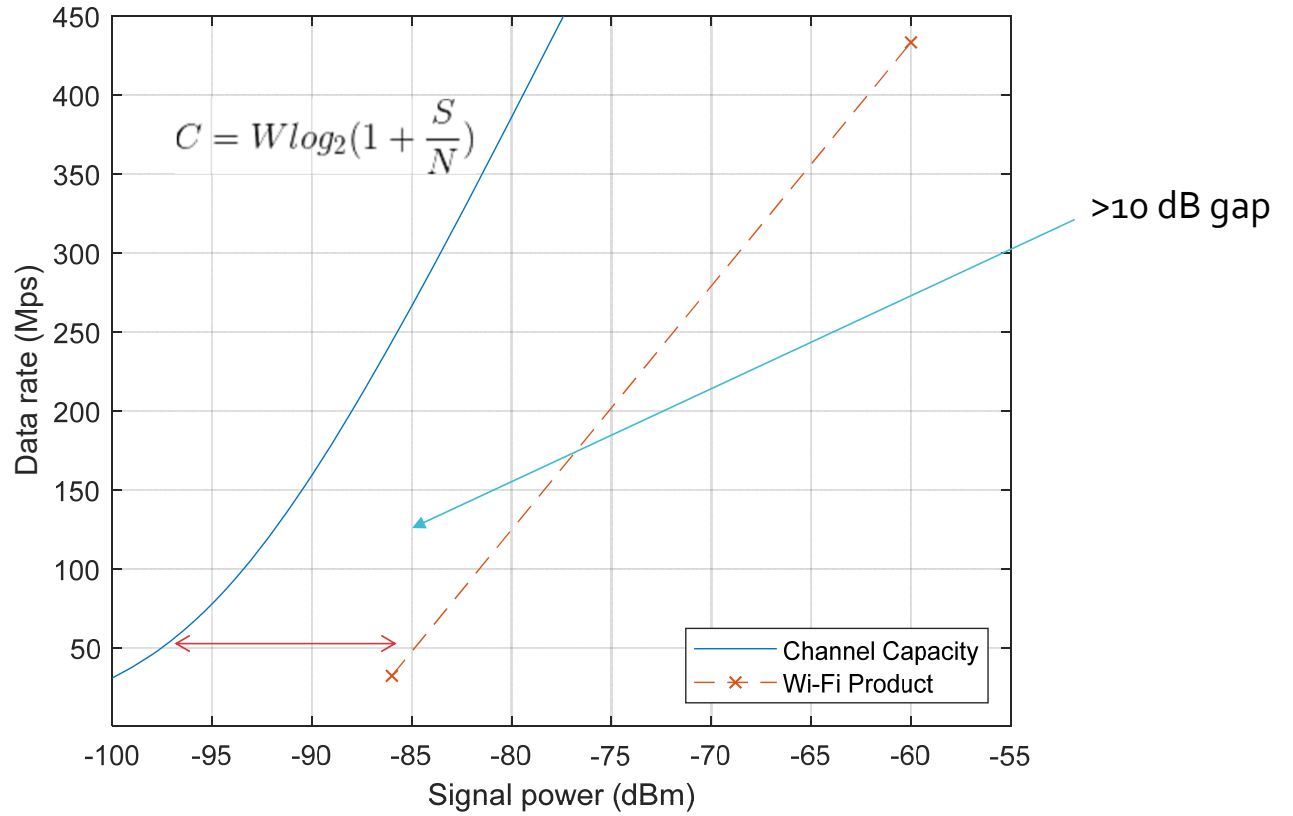
-89 dBm @ Nss=1, MCS0  
-63 dBm @ Nss=1, MCS9  
-85 dBm @ Nss=2, MCS0  
-59 dBm @ Nss=2, MCS9  
-84 dBm @ Nss=3, MCS0  
-58 dBm @ Nss=3, MCS9

## 802.11ac (VHT80)

-86 dBm @ Nss=1, MCS0  
-60 dBm @ Nss=1, MCS9  
-82 dBm @ Nss=2, MCS0  
-56 dBm @ Nss=2, MCS9  
-80 dBm @ Nss=3, MCS0  
-55 dBm @ Nss=3, MCS9

- Claimed receiver sensitivity data from a Cisco product
- [https://www.cisco.com/c/en/us/products/collateral/interfaces-modules/aironet-access-point-module-802-11ac/data\\_sheet\\_c78-727794.html](https://www.cisco.com/c/en/us/products/collateral/interfaces-modules/aironet-access-point-module-802-11ac/data_sheet_c78-727794.html)
- Can compare with noise floor of -174 dBm/Hz

# Channel Capacity versus Data Sheet

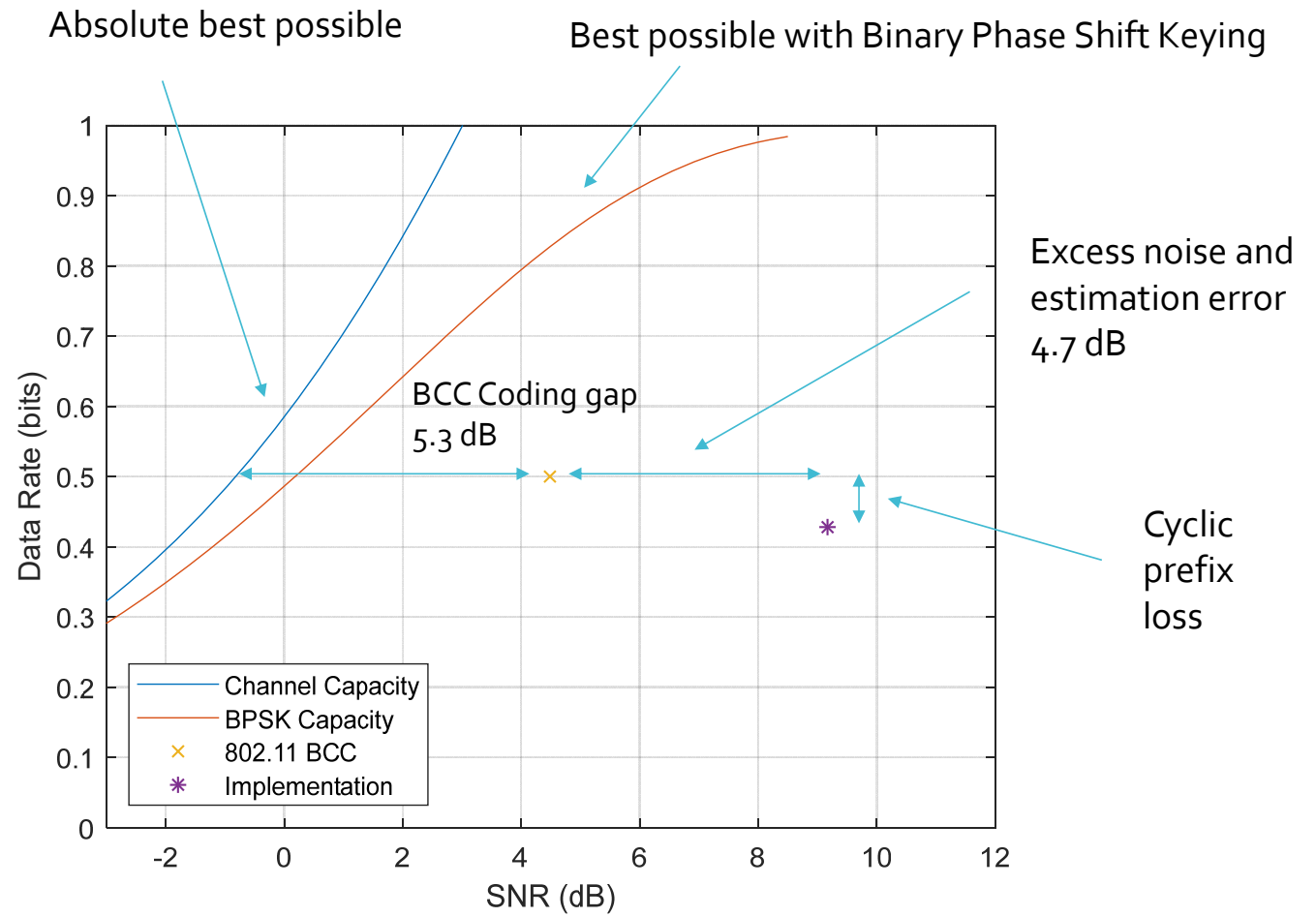




# Gap Budget

- Practical system noise figure
  - Loss from antenna to LNA (low noise amplifier)
  - LNA noise figure
- Local oscillator stability (phase noise)
- System design
  - Modulation and Coding
  - Rate reduction to allow compensation for radio channels
  - Residual estimation error from channel preamble
- End-to-end linearity (high SNR regime)
  - Transmit power amplifier
  - DAC / ADC bits

# Gap Details



# Coding (Forward Error Correction)

- Shannon Capacity is a bound assuming infinite delay Gaussian signaling
  - 1 dB loss for binary signaling
  - 4.3 dB loss with mandatory convolutional code
- Long codes require greater computations per bit at the receiver and longer latency to process
- 802.11 has a response time (SIFS) for packets of 16 microseconds which limits the use of long codes

# Channel Estimation Error

- There are two main sources of error
  - Initial Estimation Error
    - Radio channel characteristics are determined at the start of a packet from the known sequences
    - Shorter sequences waste less time but lead to more estimation error
  - Channel changes over the course of the packet
    - Movement of transmitter or receiver
    - Some tracking might be possible
    - Longer packets at highest data rates (i.e. the high throughput ones) are impacted the most

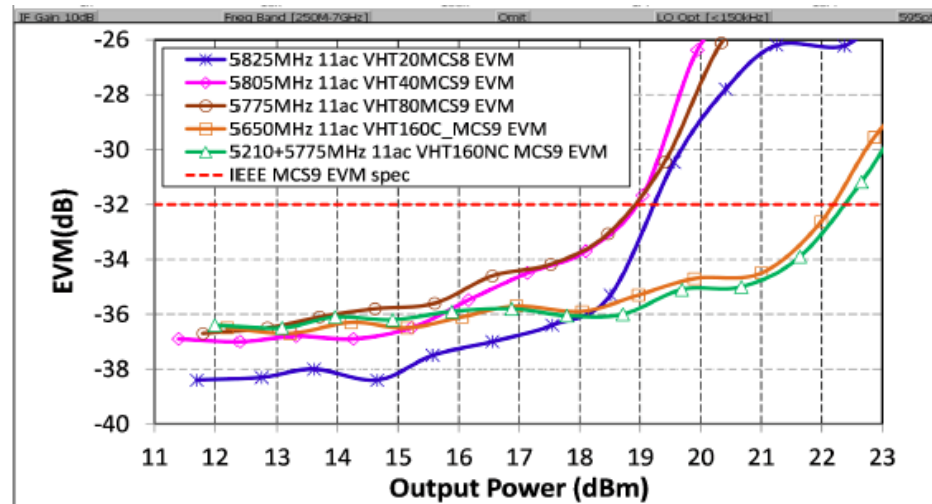
# Overcoming Gaps to Capacity

- Reducing any particular gap involves
  - Making packets longer – latency problem
  - Increased cost
  - Increased power consumption
  - Developing a method for backward compatibility
  - Industry inertia
- Industry goals
  - Speed
  - Cost
  - Robustness
  - Operation in dense environments

# High SNR

- Large constellations (up to 256 QAM for 802.11ac / 1024 QAM for 802.11ax)
- Limited by circuit linearity instead of Gaussian noise
- Higher code rates but coding performance goes down

# Transmitter Linearity Limits High SNR



Example Mediatek 4x4 802.11ac chip from ISSCC 2017 "An 802.11ac Dual-Band Reconfigurable Transceiver Supporting up to Four VHT80 Spatial Streams with 116fsrms-Jitter Frequency Synthesizer and Integrated LNA/PA Delivering 256QAM 19dBm per Stream Achieving 1.733Gb/s PHY Rate" by T. Chen et al

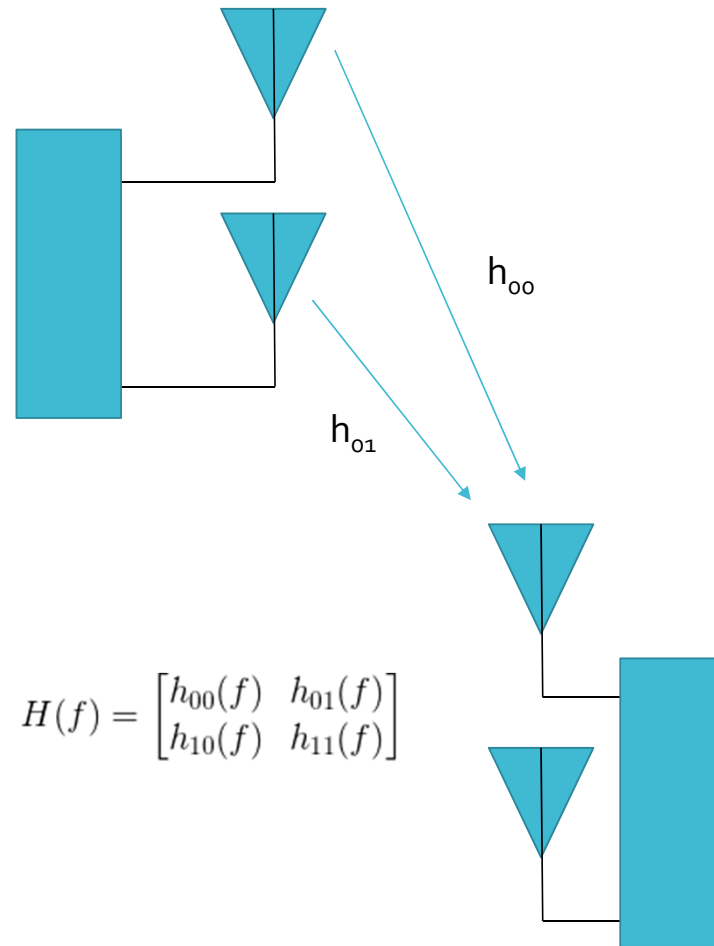
- Error Vector Magnitude (EVM) is a measure of non-linear distortion in the Wi-Fi transmitter.
- Distortion looks like noise to the receiver.
- Limits the maximum constellation size (bits per symbol) and resulting PHY data rate.

## Limit #3 Channel Capacity and Circuit Linearity

- At lower SNR, the physical layer can approach capacity to within a few dB
- At higher SNR, the gap to capacity widens because of poorer code performance and practical limitations in electronic circuit linearity (dynamic range)



# Multiple Input Multiple Output (MIMO)



- Wi-Fi added MIMO capabilities in 802.11n and expanded them in 802.11ac and 802.11ax
- Employ multiple antennas and signal processing techniques to generate distinct signal paths over pairs of antennas
- Signal processing can be applied at both the transmitter (beamforming) and at the receiver

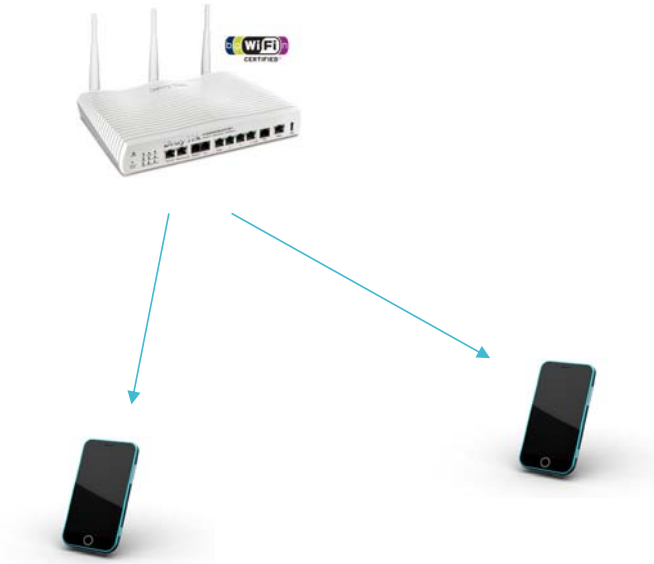
# The Magic of Reflections

$$H = \sum_{k=1}^N H_k$$

$$\max \text{rank}(H) \leq N$$

- Each path corresponds with a rank 1 channel matrix  $H_k$
- Reflections from walls, floors, and objects in the neighborhood create new paths
  - Spatial multiplexing
- For MIMO to work, it is necessary to have both extra antennas (and transceivers) and reflections from the radio environment
- In practice, cell phones can only usually support 2 Wi-Fi antennas. Notebook PCs can support 3 or 4.

# Single User Versus Multiuser MIMO



802.11n introduced single user MIMO

- 2 – 4 times PHY data rate

802.11ac introduced MU-MIMO

- AP simultaneously transmit to more than one STA

802.11ax introduces uplink MIMO

Extremely High Throughput  
TIG is looking at expanding  
MU-MIMO further

## Limit #4 MIMO and Physical Channels

- SU-MIMO increases capacity by spatial multiplexing (2 – 4)
- MU-MIMO increases capacity when multiple receivers are spatially separated

## New Ideas

- mmWave systems (60 GHz) offer great promise to achieve higher data rates with low latency
- Wake Up Radio (802.11ba) will allow devices to snooze with lower power consumption
- Full duplex wireless would allow multiple devices to transmit simultaneously
- Improved methods for handling broadcast / multicast traffic

# Summary

- At lower SNR, Wi-Fi can operate within about 10 dB of the Shannon limit.
- At higher SNR, the gap increases because of limits in device linearity and the ability to estimate time varying radio channels
- MIMO techniques are often used to increase physical layer data rates by a factor of 2 to 4.
- Wi-Fi media access protocols limit channel throughput and increase latency, however they also allow graceful degradation in congested channels.
- Channel sharing improvements will come with 802.11ax, but will require legacy devices to be retired.
- mmWave systems (802.11ad/802.11ay) can achieve the best combination of high data rate and low latency

# Some Numbers for 802.11ac

Table 21-47—VHT-MCSs for optional 80 MHz,  $N_{SS} = 2$

VHT-MCS Index	Modulation	$R$	$N_{BPSCS}$	$N_{SD}$	$N_{SP}$	$N_{CBPS}$	$N_{DBPS}$	$N_{ES}$	Data rate (Mb/s)	
									800 ns GI	400 ns GI
0	BPSK	1/2	1	234	8	468	234	1	58.5	65.0
1	QPSK	1/2	2	234	8	936	468	1	117.0	130.0
2	QPSK	3/4	2	234	8	936	702	1	175.5	195.0
3	16-QAM	1/2	4	234	8	1872	936	1	234.0	260.0
4	16-QAM	3/4	4	234	8	1872	1404	1	351.0	390.0
5	64-QAM	2/3	6	234	8	2808	1872	1	468.0	520.0
6	64-QAM	3/4	6	234	8	2808	2106	1	526.5	585.0
7	64-QAM	5/6	6	234	8	2808	2340	2	585.0	650.0
8	256-QAM	3/4	8	234	8	3744	2808	2	702.0	780.0
9	256-QAM	5/6	8	234	8	3744	3120	2	780.0	866.7

# Some Numbers for 802.11ad

Table 20-15—DMG SC mode modulation and coding schemes

MCS	Base MCS field	Extended SC MCS Indication field	Modulation	$N_{CBPS}$	Repetition	Code rate	Data rate (Mb/s)
1	1	0	$\pi/2$ -BPSK	1	2	1/2	385
2	2	0	$\pi/2$ -BPSK	1	1	1/2	770
3	3	0	$\pi/2$ -BPSK	1	1	5/8	962.5
4	4	0	$\pi/2$ -BPSK	1	1	3/4	1155
5	5	0	$\pi/2$ -BPSK	1	1	13/16	1251.25
6	6	0	$\pi/2$ -QPSK	2	1	1/2	1540
7	7	0	$\pi/2$ -QPSK	2	1	5/8	1925
8	8	0	$\pi/2$ -QPSK	2	1	3/4	2310
9	9	0	$\pi/2$ -QPSK	2	1	13/16	2502.5
9.1	6	1	$\pi/2$ -QPSK	2	1	7/8	2695
10	10	0	$\pi/2$ -16-QAM	4	1	1/2	3080
11	11	0	$\pi/2$ -16-QAM	4	1	5/8	3850
12	12	0	$\pi/2$ -16-QAM	4	1	3/4	4620
12.1	7	1	$\pi/2$ -16-QAM	4	1	13/16	5005
12.2	8	1	$\pi/2$ -16-QAM	4	1	7/8	5390
12.3	9	1	$\pi/2$ -64-QAM	6	1	5/8	5775
12.4	10	1	$\pi/2$ -64-QAM	6	1	3/4	6390
12.5	11	1	$\pi/2$ -64-QAM	6	1	13/16	7507.5
12.6	12	1	$\pi/2$ -64-QAM	6	1	7/8	8085



# References

1. IEEE Std 802.11-2016 - Wireless LAN Medium Access Control (MAC) and Physical Layer (PHY) Specifications
2. *Elements of Information Theory*, T. Cover and J. Thomas
3. *Error Control Coding*, S. Lin and D. Costello
4. *Data Networks, 2<sup>nd</sup> Edition*, D. Bertsekas and R. Gallager
5. *Fundamentals of Wireless Communication*, D. Tse and P. Viswanath
6. *Next Generation Wireless LANs, 2<sup>nd</sup> Edition*, E. Perahia and R. Stacey